COVID-19, THE FLU OR A COLD?

COVID-19 and the flu can spread from person to person before they show any symptoms. People with mild symptoms and people who never experience symptoms can spread the viruses that cause COVID-19 and the flu.

SYMPTOM	COVID-19	INFLUENZA (FLU)	COLD
FEVER, CHILLS	Common	Common	Uncommon
SHORTNESS OF BREATH	Sometimes	Uncommon	Uncommon
CHEST DISCOMFORT, COUGH	Common	Common	Sometimes
SORE THROAT	Sometimes	Common	Common
RUNNY, STUFFY NOSE	Sometimes	Common	Common
FATIGUE (TIREDNESS)	Common	Common	Sometimes
BODY ACHES AND PAINS	Common	Common	Sometimes
HEADACHE	Common	Common	Uncommon
NAUSEA, STOMACH PAIN AND VOMITING	Common	Sometimes	Uncommon
DIARRHEA	Common	Sometimes	Uncommon
CHANGE OR LOSS OF SMELL OR TASTE	Sometimes	Uncommon	Uncommon
COMPLICATIONS	Can lead to pneumonia and respiratory failure; can worsen a chronic medical condition; can lead to multiple organ failure; can lead to inflammation of the heart, brain and muscle tissues; can lead to blood clots; can be life threatening	Can lead to pneumonia and respiratory failure; can worsen a chronic medical condition; can be life-threatening	Can lead to sinus congestion or earache

Seek medical attention if you develop any of the following symptoms

- Significant difficulty breathing
- Pain or pressure in the
- New onset of confusion
- Difficulty waking up
- Significant difficulty breathing
- Pain or pressure in the chest
- New onset of
- confusion
- Difficulty waking up
- Seizures
- Severe muscle pain or weakness
- Worsening cough or fever
- Stopped or less frequently urinating

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